



Chozen 2B Whole
Sexual Trauma Recovery - Awareness & Prevention

We're Here for You!



Parental/Caregiver's Sexual Violence Guide

Chozen 2B Whole commends you for being willing to support someone who experienced/is experiencing some form of sexual violence and associated trauma. The following guidelines are to assist you in you as a parent/guardian, with supporting your child(ren). Download the “**Supporter's Guide**” to assist you with effective listening and questioning.

Navigating The Next Few Hours, Days, Weeks...

- **THIS IS NOT YOUR FAULT.** Identifying signs of sexual violence (past or present), can be difficult.
- Call the authorities immediately, especially for a minor child(ren).
- If your child is older, and the disclosure is recent (*within hours*), encourage your child to seek medical attention. **Remind them NOT TO** shower, change their clothes, wash their hands/face, and hair. If they need to void their bladder/bowels, encourage them to do so in a clean vessel, to preserve biological evidence.
- For a minor child, follow the steps above when seeking medical attention. It is imperative to preserve the integrity of DNA evidence.
- Ensure your child(ren)'s safety, if the perpetrator lives in the home, or has easy access, **remove the perpetrator and disallow access.**
- If this is not possible, find you and your child(ren) a temporary living space. Explain to them, they did nothing wrong; you are doing what is needed to keep them safe.
- Frequently remind you child(ren), you are proud of their bravery.
- **SEEK TRAUMA SUPPORT**, for you, the family unit and your child(ren)